



# Stand Up On Everest

Please read and complete all sections of this form and return to:  
**The Aid Fundraiser, 1<sup>st</sup> Floor Flat, 193 Stanstead Road, London SE23 1HP**  
or email [jeremy@standuponeverest.co.uk](mailto:jeremy@standuponeverest.co.uk)  
If you have any questions do not hesitate to call Jeremy on 07713904025

## Registration information

To book your place on the Stand Up On Everest Trip we require 20% (£450) of the fee. The deposit is refundable until 3 months prior to departure date. Payments can be made by cheque payable to The Aid Fundraiser or bank transfer to **Account 54400860 Sort Code 30-98-71**. Full details can be found in the payment terms and conditions on page 5.

## Personal details

Title.....Surname.....  
First Name (As it appears on your passport).....  
Name you prefer to be known by (if different).....  
Address.....  
.....Post Code.....  
Mobile.....Email.....  
Home Number.....Work Number.....  
Date of Birth.....Marital Status.....  
Occupation.....Employer.....

## Keep in Touch with your fellow hikers

Everest Base Camp trips participants find it useful to talk to other people on the trip during their training and fundraising. Please let us know which details you are happy for us to pass on to the rest of your group:

E-mail  Telephone  Address   I do not want any of my contact details passed on





# Stand Up On Everest

## Passport Details

Nationality.....Passport Number.....  
 Passport Expiry Date.....Place of Issue.....  
 Place of Birth.....Age at time of Challenge.....  
 Special dietary requirements.....  
 .....

\* NB if your passport expires less than six months after our return date, we will need new passport details three months before you travel

## How did you hear about this trip?

Laugh Till It Hurts Event   
 Twitter   
 Facebook   
 Comedian   
 Website   
 Promotional leaflet/brochure   
 Other

Which?.....  
 Which?.....  
 Where?.....  
 Please specify.....

Is there a particular reason for taking part in this trip that you would like to tell us about?  
 .....  
 .....

## Room sharing

Please give the name(s) of anyone with whom you specifically wish to share with. Accommodation is shared, in twin rooms/teahouses. If you are travelling on your own then you will be allocated single-sex sharing. **Name(s)**.....

## T-Shirts

We provide complimentary Save The Children T-Shirt and Stand Up On Everest Clothing for your challenge. Please indicate what size you would like:

Small (34")  Medium (36-38")   
 Large (40-42")  X-Large (44-46")





# Stand Up On Everest

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## Emergency Contact

Relationship to you.....Name.....  
Address.....  
.....Post Code.....  
Daytime number.....Evening number.....

## Photographs

Please attach, with paper-clips, two passport size photographs. (Please write your name in block capitals on the back of your photographs and a photocopy of your passport).

## Have you taken part in a similar Trip before?

Yes (which one/s?).....  No

## Medical conditions

Do you have any medical conditions, medical history or allergies to medicines? If so, please outline here.....  
.....  
.....

## Medical history and fitness confirmation

Stand Up On Everest is strenuous activity and you should be reasonably fit and enjoy sufficient good health to participate. If you do not exercise regularly you should exercise in preparation for the Challenge, gradually increasing the level of exertion. A recommended training schedule will be sent in your Fundraising Pack.

All participants will be required to complete a medical questionnaire which must be signed by your doctor.





# Stand Up On Everest

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## Declaration

Please now read The Stand Up On Everest Terms & Conditions of Entry on page 5 and The Aid Fundraiser Terms & Conditions on pages 6-8. Sign below to confirm your agreement. Both must be signed before we can allocate you a place on Stand Up On Everest Trip. Please retain pages 5 - 8 for your own records.

**I have read, understand and accept Stand Up On Everest Terms & Conditions of entry as detailed on page 5.**

Signed.....Date.....

**I have read, understand and accept The Aid Fundraiser Terms & Conditions of entry as detailed on pages 6 -8.**

Signed.....Date.....





# Stand Up On Everest

## Stand Up On Everest Terms & Conditions Of Entry

**For this Challenge we require a 20% deposit fee of £450 (non-refundable 3 months prior to departure) which must be enclosed with this application form. In addition you must pledge to raise a minimum of £1,000 in sponsorship money for Save The Children, which 100% of the money will go to Save The Children. The Sponsorship funds must be paid no later than 22<sup>nd</sup> May 2016. The remaining 80% £1,800 must be paid two months prior to departure. All funds raised through this Challenge must be payable to The Aid Fundraiser in £ sterling.**

- 1.** If you are unable to meet this sponsorship requirement, you have two options: to forfeit your place in the Challenge; to make up the balance yourself.
- 2.** You must pay on demand to TAF any increased charges (up to a total of £100) that TAF may incur in providing any trip to you as a result of any, for example exchange rates, which results in an increase in the cost TAF of providing the trip to you under these terms and conditions.
- 3.** Should you, for whatever reason, not take your place, all sponsorship forms and monies collected will be forwarded to Save The Children by TAF or returned to your sponsors.
- 4.** Entry for Stand Up On Everest is at TAF discretion and it reserves the right to refuse entry to any participant at any time if it considers that such participation is inappropriate.
- 5.** I apply to take part in the Stand Up On Everest specified above, in accordance with the above conditions of entry, which I have read and understood.
- 6.** I enclosed my non-refundable registration fee of £450 either by cheque payable to The Aid Fundraiser or by completing the credit/debit card bank transfer.
- 7.** I make a commitment to raise a minimum of £1,000 in sponsored for Save The Children which will be sent by the 22<sup>nd</sup> May 2016. The objective is to raise as much sponsorship as possible.
- 8.** I have given TAF certain information, including medical information, about me and I consent TAF using this data. I understand that it will be necessary for TAF to share the data with Peace Nepal Treks and their medical staff in order to organise this event.
- 9.** In the event of Stand Up On Everest being filmed I've completed the One Tribe TV Stand Up On Everest Release form.
- 10.** We do not sell or swap your details with any third parties, but in order to carry out our work we may need to pass your details to service companies authorised to act on our behalf.



# Stand Up On Everest

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## The Aid Fundraiser's (TAF) Terms & Conditions Of Entry

**Passports, Visas and Vaccinations:** You are responsible for arranging, and must be in possession of, a valid passport and any visas and vaccination certificates required for the whole of your journey. Information given by TAF about these matters or related items (climate, clothing, baggage, personal gear etc) is given in good faith, but without responsibility on TAF. It is your responsibility to obtain any necessary vaccinations for your tour and to do so well before the departure date. TAF does not accept responsibility if your documents are not in order.

**Insurance:** Travel insurance, including cover for baggage, is mandatory for all clients whilst on this trip organised by TAF. Other than liability arising from negligence in respect of death or personal injury caused by TAF or its staff, you travel, together with your personal property including baggage, solely at your own risk at all times. You are wholly responsible for arranging your own insurance and if you join the trip without adequate insurance you may not be permitted to continue, with no right of refund. If you choose not to take out TAF recommended Travel Insurance you are responsible for ensuring that you have adequate private travel insurance, with protection for the full duration of the tour in respect of at least medical expenses, injury, death, repatriation, cancellation and curtailment. If you make your own arrangements you should ensure that there are no exclusion clauses limiting protection for the type of activities included in the trip. You must satisfy yourself that any travel insurance arranged through TAF meets your requirements and you should arrange supplementary insurance if need be. Any claims concerning matters for which you are required to be or are insured must be directed to your insurers. You will be deemed to have read the insurance cover. TAF will require adequate personal insurance documentation in advance of arrival in Nepal to include cover for trekking activity up to 6000m and cover for helicopter rescue up to 6000m.

**Medical Form:** If you are aged 65 or if you have any medical condition that could be adversely affected by exercise, particularly but not limited to a heart condition or asthma, you must provide TAF with a medical certificate from your doctor. By accepting these terms you are confirming that, to the best of your knowledge, your general state of health is good and that you take full responsibility for your health and personal well-being.

**Tour Authority:** You agree to abide by the authority of the leader, who represents TAF, whose decision as to conduct, itinerary and objectives of the tour is final. You must always comply with the local laws, customs and drug regulations of the country. If you commit any illegal act or if, in the opinion of the





# Stand Up On Everest

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leader, your behaviour or physical condition is detrimental to the safety, welfare and well-being of the group as a whole or that your general well-being will be put at risk by continuing with the trip, may be asked to leave without the right to any refund for services utilised.

**Challenge Participation:** We accept your booking on the understanding that you realise the hazards involved in this type of trip, including injury or death, disease, loss or damage to property, and that you come on the tour at your own risk. Other than liability for negligence in respect of death or personal injury caused by TAF and its staff, TAF accepts no liability for any injury resulting from the hazards of trekking, cycling or any other activity included or not included in the itinerary, or for any other mishaps to yourself or your property or personal effects (which you should adequately insure against loss, theft and damage), or by reason of any representation (unless fraudulent), or for consequential, economic or indirect loss or damage or as a consequence of flight cancellations, strikes, local political conditions, wars, terrorist activity, riots, civil strife, industrial disputes, sickness or unforeseeable circumstances or events outside TAF's reasonable control. Subject as aforesaid, TAF total liability in contract, tort (including negligence or breach of statutory duty), misrepresentation or otherwise, arising in connection with its performance or contemplated performance, is limited to twice the price paid by you for the trip. Any independent travel arrangements that you make are also at your own risk. Any safety equipment supplied for activities must be worn correctly at all times.

**Itinerary:** While TAF endeavours to follow the published itinerary there may be exceptional circumstances when it is not possible to do so. Due to the nature of the tour arrangements have to be planned well in advance, so changes may have to be made and TAF reserves the right to cancel or modify the itinerary as necessary. Should a material change be necessary TAF will inform you as soon as reasonably possible. A material change includes, for example, a significant change of destination, route, a change of flight time by more than 12 hours or a change of airport. If TAF is forced to cancel your travel arrangements any refunds or compensation available will be paid (if applicable) to The Aid Fundraiser on your behalf.

**Travel/Flights/Delays:** The timings of air, road or rail departures are estimates only. TAF cannot accept liability for any delay in your flight from or to the UK, whether the cancellation or delay is caused by adverse weather conditions, rescheduling by an airline, airport authority and/or action by air traffic controllers, mechanical breakdown or industrial action or any event outside TAF's reasonable control. Where long flight delays result in lost challenge time, no refunds are given by hotels or suppliers. Similarly, airlines do not offer compensation for flight delays. TAF will give no refunds or compensation for lost time or for any services included in the itinerary not utilised.





# Stand Up On Everest

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Any flights forming part of the trip arrangements are subject to the conditions of the carrying airline, which in most cases limit the airline's liability to the passenger in accordance with International Law and conventions. TAF accepts no liability for failure by air carriers, sea carriers, rail carriers or hotel keepers to fully provide any services to be supplied by them.

**Equipment:** If you take your own equipment you are responsible for any charges for transportation levied by the airline, including excess baggage charges. In the event that any equipment (whether hired or not) is delayed or lost on the outward journey, TAF will not be responsible financially or otherwise for your inability to start or continue the tour, unless such delay or loss is due to the negligence of TAF or its staff.

**Weather:** TAF cannot be held responsible for issues relating to weather and TAF cannot be held responsible for international or domestic flight cancellations and subsequent issues relating to weather.

**Media:** You agree that any photography (stills or video), recordings made or taken prior to, during, or after the challenge, which may include you in it, may be used in publicity material connected with the challenge, and that we will retain all rights, title and interest in such photography or media made by us including but not limited to any royalties, proceeds, or other benefits derived from such material.

**Complaints:** Should you have a complaint about any of the tour arrangements, you must immediately tell both the relevant supplier and TAF representative at the time. It is only if TAF and the relevant supplier know about problems that there will be the opportunity to take appropriate action.

**Minimum Age:** Participants must be 18 years or over.

**Participants :** TAF reserves the right to refuse participation to anyone at any time without having to disclose the reason.

**Amendment:** These conditions may only be amended or waived by a director of TAF in writing.